

Nassau County Council on Aging—Westside Senior Life Center Afternoon Activities

April 2025

37002 Ingham Road • Hilliard, FL 32046

For more info, contact Missy Snead, Activities Coordinator, 904-675-9833

MON	TUE	WED	THU	FRI
 SENIORS LIVING HAPPY, HEALTHY LIVES <i>All events subject to change</i>	1 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	2 2:00-3:00 YouTube Tai Chi 	3 1:30-3:30 Line Dancing with Tanya 	4 2:00-4:00 Game Day; Checkers, Connect 4, Memory Games, Etc. 
7 1:30-3:30 Line Dancing with Tanya 	8 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	9 2:00-3:00 YouTube Crafts 	10 1:30-3:30 Line Dancing with Tanya 	11 2:00-3:00 Ask the COA Staff Questions 
14 1:30-3:30 Line Dancing with Tanya 	15 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	16 2:00-3:00 YouTube Tai Chi 	17 1:30-3:30 Line Dancing with Tanya 	18 2:00-4:00 Game Day; Checkers, Connect 4, Memory Games, Etc. 
21 1:30-3:30 Line Dancing with Tanya 	22 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	23 2:00-3:00 YouTube Crafts 	24 1:30-3:30 Line Dancing with Tanya 	25 2:00-3:30 Questions for the VFW 
28 1:30-3:30 Line Dancing with Tanya 	29 1:00-3:00 Crocheting Class with "Hilliard Hookers" 	30 2:00-3:00 YouTube Tai Chi 		

Please Pre Register by calling Nassau County Council on Aging—Westside Senior Life Care Center (904) 845-3331

Activities: (904)-675-9833

Email: msnead@nassaucountycoa.org