

Nassau County Council on Aging

Life Center Events

January 2018

Schedule Subject to Change – Please Verify by Phone – 904-261-0701

LOCATIONS: BLACK = Community Room PURPLE = Conference Room BLUE = Club Room BROWN = Baptist Nassau Hospital BOLD = Enrollment Required

Sunday *Closed*	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday **Events Only**
	1 Happy New Year CLOSED	2 9:00: Brain Games 9:30 - 11:30: Coffee & Karaoke: Lost in the 50's Karaoke 11:30: Lunch 1:00-3:00: Hearing Loss Support (Baptist Hospital) 1:00-4:00: Mah Jongg*	3 9:00: Games / Social 10:00: Bingo 11:30: Lunch 1:00-4:00: Canasta *	4 9:00: Movie 9:30-10:30-11:30: SHINE Appointments 11:30: Lunch 1:00-3:00: Senior Social Club* 4:00-6:00 Line Dancing	5 9:00: Music-Dan & Band 10:00: Bingo 11:30: Lunch 11:00-12:30: NAMI * 1:00-4:00: Men's Bridge *	6
	8 9:00: M&M Singers 10:00: Bingo 11:30: Lunch 1:00-3:00: iPhone Class 1:00-4:00: Bunko *	9 8:30-9:30: Compassion Amelia 9:00: Brain Games 9:30 - 11:30: Coffee & Karaoke: Lost in the 50's Karaoke 11:30: Lunch 1:00-2:30: AARP 1:00-3:00: iPhone Class	10 9:00: Birthday Celebration Cupcakes w/Renee - Community Hospice 9:15: Crafts 10:00: Bingo 11:30: Lunch 1:00-3:00: iPhone Class 1:00-4:00: Canasta *	11 9:00: Brain Games 9:30-10:30-11:30: Jax Legal Aid Appointments 10:30: Lunch – Field Trip at Cedar River Seafood 1:00-3:00: Senior Social Club* 4:00-6:00 Line Dancing	12 9:00-10:00: Guitar w/David 10:00: Bingo 11:30: Lunch 11:00-12:30: NAMI * 1:00-4:00 Men's Bridge *	13 10-12 Pen & Ink With Libby
14	15 CLOSED	16 9:00: Brain Games 9:30 - 11:30: Coffee & Karaoke: Lost in the 50's Karaoke 11:30: Lunch 1:00-4:00: Mah Jongg*	17 9:15: Games / Social 10:00: Bingo 11:30: Lunch 1:00-4:00: Canasta *	18 9:00 – 11:30: Zentangle Art Class 9:30-10:30-11:30: SHINE Appointments 11:30: Lunch 1:00-3:00: Senior Social Club* 2:30-4:30: Caregiver's Support 4:00-6:00 Line Dancing 7:00: Parkinson's Support	19 9:00: Music-Dan & Band 10:00: Bingo 11:30: Lunch 11:00-12:30: NAMI * 1:00-4:00 Men's Bridge * 7:00-Parkinson's Support Group*	20 10-12 Pen & Ink With Libby
21	22 9:00: Jennifer - Nutrition 10:00: Bingo 11:30: Lunch 1:00-4:00: Bunko *	23 8:30-9:30: Compassion Amelia 9:00: Trivia 9:30 - 11:30: Coffee & Karaoke: Lost in the 50's Karaoke 11:30: Lunch 1:30-4: Mah Jongg *	24 9:00-10:00: Trivia 10:00: Bingo 11:30: Lunch 1:00-4:00: Canasta *	25 9:00 – 11:30: Zentangle Art Class 9:30-10:30-11:30: Jax Legal Aid Appointments 10:00-11:30: Medicare Class 1:00-3:00: Senior Social Club* 4:00-6:00 Line Dancing	26 9-10: Crafts with Ann Marie 10-11:30: Bingo 11:30: Lunch 11:00-12:30: NAMI * 1:00-4:00 Men's Bridge * 7:00-Parkinson's Support Group*	27 10-12 Pen & Ink With Libby
28	29 9:00: Crafts with Ann Marie 10:00 – Bingo 11:30 Lunch 1:00-4:00: Bunko *	30 9:00: Brain Games 9:30 - 11:30: Coffee & Karaoke: Lost in the 50's Karaoke 11:30: Lunch	31 9:00: Trivia 10:00: Bingo 10:00-11:30: Low Vision Support 11:30: Lunch 1:00-4:00: Canasta *			